

## Survivorship Clinic Team

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**Contact Us**

Survivor Connect

412-692-6506

[survivorconnect@chp.edu](mailto:survivorconnect@chp.edu)

[www.chp.edu/survivorship](http://www.chp.edu/survivorship)

## Online Resources

American Cancer Society,  
[www.cancer.org](http://www.cancer.org)

Cure Search (Children's Oncology  
Group), [www.curesearch.org](http://www.curesearch.org)

Fertile Hope, [www.fertilehope.org](http://www.fertilehope.org)

Gilda's Club Worldwide, [www.gildasclub.org](http://www.gildasclub.org)

Live Strong Survivor Care  
(Lance Armstrong Foundation),  
[www.livestrong.org](http://www.livestrong.org)

Planet Cancer, [www.planetcancer.org](http://www.planetcancer.org)



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## Survivorship Clinic



DIVISION OF PEDIATRIC HEMATOLOGY/ONCOLOGY



Being a survivor of cancer as a child or young adult is an exciting thought. However, with being a survivor also comes a time of transition. We will no longer be screening, or performing scans, to look for the return of the cancer, but will change our focus to teaching you about your past medical history and treatment. We will focus on health promotion — helping you live life to the fullest extent while meeting your unique medical needs as a survivor.



When you are five years from the end of your cancer treatment, you will be transitioned to the Survivorship Clinic, staffed by a different doctor and team. We ask that you think of this as a graduation, in which you are moving on from the cancer and treatment experience to the rest of your life as a survivor. We remain in close contact with the oncologist who treated you for your cancer.

With a history of cancer and its treatments, such as surgery, chemotherapy, or radiation, you are at risk for developing “late” side effects from the treatment. In Survivorship Clinic, our goal is to educate you and your family about your treatment, potential late effects of your treatment, and special screening studies you will need in your lifetime.

### **What To Expect at Your First Visit**

- History and physical exam
- Review of your personalized treatment summary
- Laboratory studies by venipuncture (drawn from your arm, rather than your finger)
- Collection of a urine sample

### **What To Expect at Your Second and Subsequent Visits**

- History and physical exam
- Review of your updated personalized treatment summary
- Laboratory studies by venipuncture of fingerstick
- Collection of a urine sample
- Diagnostic testing based on your treatment, for example, echocardiogram, bone density test, or hearing test

## **Frequently Asked Questions**

### ***What is a late effect?***

A late effect is a chronic or late-occurring medical condition that persists or develops months or years after a cancer diagnosis or its treatment.

What are some examples of late effects?

Impaired growth, low bone density, thyroid problems, heart and/or lung problems, learning or memory problems, or secondary cancers are some examples of late effects.

### ***How likely am I to develop a late effect?***

Every patient’s risk is different and depends on his or her treatment and other factors. About two-thirds of survivors develop a late effect that may range from mild to severe. About 25 percent of survivors experience a “serious” late effect.

### ***Am I too old to come to Children’s Hospital?***

We see patients of any age for an initial consult. If you are over 21 and more than 10 years after treatment, we will work with you to transition your care to an adult health care provider.



### ***What if I don’t have insurance?***

Ongoing health care is essential for all individuals. If you lack health insurance, our staff can provide guidance to pursue resources that will allow you to receive the care you need.

### ***Will I still see my primary oncologist?***

We try our best to make sure you are able to see your primary doctor if he or she is on site. This isn’t possible at every visit.

