



### When is the center open?

- Monday through Friday from 8 a.m. to 9 p.m.  
Hours exclude holidays
- Reservations/appointments are recommended.

For more information or to make an appointment, please call the Lemieux Sibling Center at Children's Hospital of Pittsburgh of UPMC at 412-692-5343.



# Lemieux Sibling Center

A Therapeutic  
Activity Center  
for Brothers  
and Sisters



THE  
MARIO LEMIEUX  
Foundation

**Nathalie Lemieux**, wife of NHL Hall of Famer Mario Lemieux knows first-hand the range of emotions boys and girls experience when a sibling needs medical care. To help brothers and sisters cope more effectively with illness or injury, the Mario Lemieux Foundation established the Lemieux Sibling Center at Children’s Hospital of Pittsburgh of UPMC.

*Located on Floor 1 in the main lobby, the center is a dynamic place where siblings are nurtured and treated special too.*



### What does the center offer?

- A place for brothers and sisters to go
- A hands-on learning experience to reduce anxiety and fears
- Age-appropriate activities for children to play out their range of feelings
- Therapeutic arts and crafts activities
- An introduction to medical equipment in a positive atmosphere
- Opportunities to ask questions regarding their sibling’s hospital experience and get answers that they can understand
- Education in a safe, fun, and supportive atmosphere



### Who can attend?

- Brothers and sisters of inpatients and outpatients
- Siblings ages 3 to 12 who are toilet trained
- Brothers and sisters who do not exhibit any symptoms of illness
- Siblings are admitted by appointment only\*
  - \*Due to state regulations, walk-ins will only be accepted when space permits.

### Who staffs the center?

- Child Life Specialists — staff members who have advanced degrees in child development, child life, or related fields
- Child Life Assistants — staff who interact with the children, and plan activities to help meet their needs
- Volunteers — highly trained individuals who assist with engaging the children in activities



### Lemieux Sibling Center Guidelines

- A parent or legal guardian must sign siblings in by completing a brief consent form with a health checklist and emergency contact information
- The parent or guardian will be given a pager for use in the event they need to be reached by the Lemieux Sibling Center’s staff
- The parent or guardian must remain on the Children’s Hospital campus while the children are in the Lemieux Sibling Center
- Children may be in the Lemieux Sibling Center for a maximum of two hours per day
- No food or drink is permitted in the Lemieux Sibling Center
- Lemieux Sibling Center staff reserves the right to refuse entry to any child due to room capacity, disciplinary concerns, emotional distress, or illness-related concerns