

CF Infection Control in Clinic

Antonio J. and Janet Palumbo Cystic Fibrosis Center

Hand Hygiene

- Patients and staff will use appropriate hand washing
- Hands are to be washed with waterless, alcohol-based gel
- If hands visibly soiled, anti-bacterial soap is to be used
- Patients are to wash hands after leaving and entering exam room (PFTs, x-ray, restrooms, all common rooms, etc.)
- Hand gel dispensers are available in clinic waiting rooms

Patient rooms

- Patients will be placed in exam rooms as soon as possible
- All exam and treatment rooms will be wiped down with disinfectant, including all horizontal surfaces
- Do not allow children to play with medical equipment in the room, such as otoscopes

Gowns and Gloves

- Staff will wear gowns and gloves when entering patient exam rooms

Masks

- Staff will wear masks when a patient is actively coughing or when contact with secretions is anticipated
- Masks are to be worn by patients over the age of 2 years in all areas of the hospital and clinic, except for the PFT and exam rooms

Toys/shared objects

- There will be no toys or books in clinic exam rooms
- Do not allow your child to play with general-use computers and games in the waiting area

Contact with other patients with CF should be avoided. We advise against using the cafeteria and gift shop. Maintain a minimum distance of six feet from other patients with CF.



What You Can Do

- Bring toys and books to clinic for your child
- Nod, wink, smile; do not shake hands with other CF families
- Review CF pamphlets on guidelines (available in clinic or on Cystic Foundation website www.cff.org)
- Visit www.chp.edu/cf