My Bridges Mentoring Network

		O
	PRIMARY MENTOR(S) (Your "go to" person/people)	
		WELLNESS (Fitness, mental health, family life)
PROFESSIONAL DEVELOPMENT (Promotion, networking)	YOU	
	FUTURE MENTORS (Who do I want to add?)	

Place the names of your mentors in the box that describes how they mentor you. The same person can be used multiple times. Create new categories that are specific to your needs. After each set of initials, add a dash and indicate if they are senior (S), peer (P), or junior (J). Remember that mentors can be peers, family and friends also.