



UPMC GME trains approximately 1,750 residents and fellows throughout the UPMC system. Our 147 accredited training programs offer diverse educational opportunities in 23 clinical departments affiliated with the University of Pittsburgh and the VA Pittsburgh Healthcare System. UPMC affiliated physicians, researchers, and University of Pittsburgh researchers rank fifth in NIH funding.

GME Wages and Benefits:

The cost of living in Pittsburgh is low, while salaries are comparable to peer institutions, including those in larger cities. (See "About Pittsburgh" on reverse side.)

GME Level Annual Gross Salary 2016-2017

GME Level I:	\$54,557.88
GME Level II:	\$56,178.20
GME Level III:	\$57,265.52
GME Level IV:	\$60,101.08
GME Level V:	\$63,427.00
GME Level VI:	\$64,791.48
GME Level VII:	\$66,966.12

UPMC Perks: Offers special considerations for UPMC Medical Education employees: Must show UPMC ID card and ask for discount up front. Follow all establishment-specific requirements exactly.

Telephone: Verizon Wireless or AT&T Wireless offer service discounts, and other special offers available

Banks: Specified banks offer cash incentives or debit cards to open an account, free notary service, free checking, etc.

Automobile: Examples: New vehicle pricing at or below dealer pricing; \$15 off first oil change, transmission discounts, car rental discounts, tire/battery purchase discounts

Health Clubs: FREE access to Trees Hall (www.tour.pitt.edu/tour—categories/main-tour?page=45) and Bellefield Fitness Center (www.tour.pitt.edu/tour-categories/main-four?page=10). Call Panther Central at 412-648-1100 to obtain a "gold card" (which all residents/fellows should be able to obtain). Residents/Fellows may get the Gold ID Card at Panther Central in Litchfield Towers.

Other Fitness Discounts: YMCA of Greater Pittsburgh, Climb North, The Body Bar, LA Fitness, Oxford Athletic Club and others

Real Estate: Cash payments on home purchases, mortgages and closing costs; discounted application fees and rental discounts

Merchandise: Apple, Hewlett-Packard, Microsoft Office, Weisshouse, COSTCO, jewelry, flowers, and other merchandise



Pittsburgh Area Cost of Living:

According to average between websites (www.cnn.com; www.bankrate.com; www.payscale.com) based on \$50,000 salary

Pittsburgh, PA vs. National Average:
8% less to live in Pittsburgh

Pittsburgh, PA vs. Boston, MA
Overall: 41% less Housing: 105% less

Pittsburgh, PA vs. Philadelphia, PA
Overall: 22% less Housing: 42% less

Pittsburgh, PA vs. New York, NY (Brooklyn)
Overall: 74% less Housing: 62% less

Pittsburgh, PA vs. Baltimore, MD
Overall: 12% less Housing: 62% less

Pittsburgh, PA vs. Chicago, IL
Overall: 19% less Housing: 55% less

Pittsburgh, PA vs. Ann Arbor, MI
Overall: 8% less Housing: 32% less

Pittsburgh, PA vs. Charlottesville, VA
Overall: 8% less Housing: 28% less

Pittsburgh, PA vs. Atlanta, GA
Overall: 3% less Housing: 11% less

Pittsburgh was recently ranked the No. 1 city to live in the Northeast by Money magazine.

UPMC policy prohibits discrimination or harassment on the basis of race, color, religion, ancestry, national origin, age, sex, genetics, sexual orientation, gender identity, marital status, familial status, disability, veteran status, or any other legally protected group status. Further, UPMC will continue to support and promote equal employment opportunity, human dignity, and racial, ethnic, and cultural diversity. This policy applies to admissions, employment, and access to and treatment in UPMC programs and activities. This commitment is made by UPMC in accordance with federal, state, and/or local laws and regulations.

Graduate Medical Education



A world-renowned health care provider and insurer, Pittsburgh-based UPMC is inventing new models of accountable, cost-effective, patient-centered care. It provides more than \$888 million a year in benefits to its communities, including more care to the region's most vulnerable citizens than any other health care institution. The largest nongovernmental employer in Pennsylvania, UPMC integrates more than 60,000 employees, more than 20 hospitals, more than 500 doctors' offices and outpatient sites, a more than 2.7-million-member health insurance division, and international and commercial operations. Affiliated with the University of Pittsburgh Schools of the Health Sciences, UPMC ranks No. 13 in the prestigious *U.S. News & World Report* annual Honor Roll of America's Best Hospitals.

The economic positioning, size, and complexity of the UPMC system offers unequalled opportunities for those who are employed here.



Technological Innovation: UPMC hosts one of the most advanced simulation centers in the country, the Peter M. Winter Institute for Simulation, Education, and Research (WISER). At WISER, clinicians train in a wide variety of simulation techniques on computerized mannequins and in realistic mock scenarios, such as a bioterrorism attack or in a medevac helicopter.

Patient Care: UPMC offers a full range of residency and fellowship opportunities. UPMC-trained physicians provide a distinctive and unequalled training experience that incorporates traditional medicine with state-of-the-art technologies, scientific advances, research, and unique learning opportunities.

Hospitals: Children's Hospital of Pittsburgh of UPMC, UPMC Altoona, UPMC Eye & Ear Institute, Magee-Womens Hospital of UPMC, UPMC Bedford Memorial, UPMC Hamot, UPMC Horizon, UPMC McKeesport, UPMC Mercy, UPMC Montefiore, UPMC Northwest, UPMC Passavant, UPMC Presbyterian, UPMC Shadyside, UPMC St. Margaret, Western Psychiatric Institute and Clinic, and the affiliated VA Pittsburgh Health System (three hospitals)

International Locations: Ireland, Italy, Kazakhstan, Singapore, China, United Kingdom, Japan

Additional UPMC Benefits:

Retirement Savings Plan: Residents and fellows can contribute pretax dollars to a retirement plan as soon as they are hired. They are eligible for matching funds beginning Jan. 1 or July 1 after their date of hire AND they have been paid for 1,000 hours. Match is at 50%, up to 4% of gross salary deferral for each paycheck. Vestment period for matched funds if departing UPMC is three years.

Health Insurance: UPMC Advantage Gold 90/10 EPO is fully paid by UPMC ME for both Resident/Fellow AND their dependents.

Flexible Benefits: Dental, vision, life insurance available.

Housing Assistance: Website exclusive to GME participants: Buy, rent, sell homes or apartments, find roommates (www.relocate.pghdocs.pitt.edu).

Tuition Reimbursement: Residents/Fellows assistance benefit: up to \$5,000/academic year tuition (University of Pittsburgh); dependent children first baccalaureate degree at 50% up to \$6,000 max/year (full-time student); spouse (full- or part-time student) up to \$2,000 max/year.

GME ROAR Committee: Brings together GME participants from diverse training programs into social settings. Contact GME Office.

About Pittsburgh:

America's "Most Livable City" symbolizes regional renewal as a one-time industrial region that has become a balanced, innovation-driven economy. Over the past 25 years, the region has built a diverse economy on fundamental strengths in advanced manufacturing, digital technology, financial services, life sciences, and energy solutions. Pittsburgh is positioned to weather the global economic recession better than many of its competitor regions. Centrally located to half the population of the United States and Canada, the 10-county Pittsburgh region boasts a high quality of life and affordable cost of living. It is richly endowed with cultural opportunities, including art, theater, music, and sports. Pittsburgh is home to globally recognized companies such as Alcoa, Bayer, BNY Mellon, Carnegie Mellon University, H.J. Heinz, PNC, United States Steel, and Westinghouse, and many smaller but vibrant companies — great for "partner relocation." (see www.relocate.pghdocs.pitt.edu)

Population of the Pittsburgh metropolitan area in 2015 — 2.36 million (306,500 within city limits)

Things to Do in Pittsburgh:

Sports/Recreation:

Penguins, Steelers, Pirates, Pitt Panthers

Museums:

The Andy Warhol Museum, Fort Pitt Museum, The Carnegie Museum of Art and Natural History, Mattress Factory Art Museum, Heinz History Center, The Children's Museum

Outdoors/Parks:

Three Rivers Heritage Trail System, Hartwood Acres, Mount Washington, Schenley Park, Frick Park, Kayak Pittsburgh (Venture Outdoors), Point State Park, Eliza Furnace Rail Trail (Bike Pittsburgh)

Performing Arts:

Heinz Hall, Pittsburgh Symphony, Civic Light Orchestra, The Benedum Center, Pittsburgh Ballet, Byham Theater, Cabaret at Theater Square, The Harris Theater, The O'Reilly Theater

Family Fun:

Pittsburgh Zoo & PPG Aquarium, National Aviary, Carnegie Science Center, Just Duck Tours, Pittsburgh Regatta, Kenny wood Park, Sand Castle Water Park, Phipps Conservatory & Botanical Gardens, The Gateway Clipper Fleet, Carnegie SportsWorks, Duquesne Incline

Entertainment/Shopping:

Rivers Casino, South Side Works, Station Square, The Funny Bone, Meadows Racetrack & Casino, The Strip District, Market Square, and plenty of nearby malls

Other Spots to Visit:

Carnegie Libraries, Historical Tour of Allegheny County Courthouse/Jail, Trinity Cathedral, Heinz Chapel, Cathedral of Learning, Allegheny Observatory

Favorite Resident/Fellow Neighborhoods:

Shadyside, Lawrenceville, Southside, Bloomfield, Squirrel Hill, and many others. Buses are available from each of these areas to Oakland; one-way fare is approximately \$2.50.

More Reasons to Live in Pittsburgh:

Conde Nast Traveler named Pittsburgh one of the "Top 15 Places to Go in 2015" (<http://www.nationalgeographic.com/adventure/relocating/pittsburgh-pennsylvania.html>)

2014 Travel Channel says it is one of the best All-American vacation cities

The No. 12 "Fun City" among the top 50 U.S. metro areas (*Bizjournals*)

A "Top 20 Best City for Couples" (*Forbes*)

No. 1 "Best Place to Raise Children" in Pennsylvania (*Business Week*)

Among the "Top 15 Cities that Eat Smart, Be Fit, and Eat Well" (*Cooking Light Magazine*)

2014 ranked No. 1 as the most livable city in the continental U.S. (*The Economist*)

Top 10 Unsung Cities (*LA Times*)

