

Children's TiPS

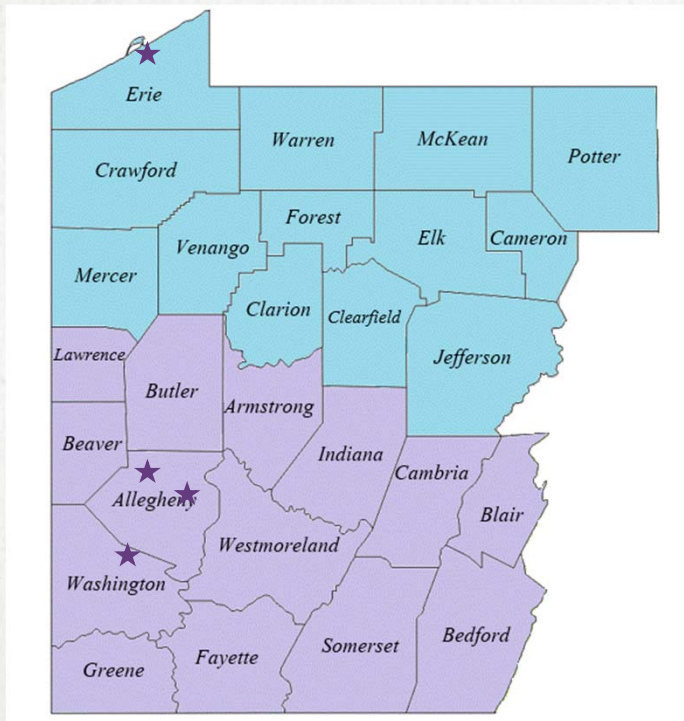
Children's Telephonic Psychiatric Consultation Service

General Orientation Materials
Abigail Schlesinger, MD

Goals of Children's TiPS

- TiPS is a FREE service to help primary care clinicians (PCCs) deliver high quality psychotropic services, for children and adolescents insured by Medicaid, CHIP, or UPMC Health Plans, by providing:
 - Psychiatric curbside consultation Monday - Friday 9-5pm
 - Additional training on the use of psychotropic medication and responding to behavioral health issues in a primary care setting
 - Direct consultation with patients when needed in Pittsburgh and Erie with a licensed therapist and/or child psychiatrist
 - Facilitated referrals to community providers when child/adolescent would benefit from additional behavioral health services

Children's TiPS



- Hubs
 - Erie
 - Pittsburgh
 - Wexford
 - South Fayette

Education

- Education
 - Children's TiPS Training
 - Fall and Spring Conferences
 - No fee for participation
 - CME for enrolled practices
 - AAP Webinars
 - Available online
 - More to come
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Process

PCC has a question about psychotropic medication or a behavioral health concern

PCC obtains verbal consent & has patient information available



Call: 1-844-WPA-TIPS (1-844-972-8477)

Talk to TiPS team member, who will gather basic information and initiate a return call from a TiPS Child Psychiatrist (within 30 minutes or at a time specified by PCP)



PCC and TiPS Child Psychiatrist consult via phone

TiPS Care Coordinator provides resources to PCC or family, if needed
Evaluation at a hub with a TiPS Licensed Therapist or Child Psychiatrist, if needed

For Initial Call

- Tell the family you are calling Children's TiPS and get verbal consent for a call back from the Children's TiPS Team (if needed)
- Basic Information (initial call – does not need to be PCC)
 - Physician: name, return phone number & a requested call back time (if desired)
 - Child: name, birthdate, phone number, insurance plan, and foster care status (if known)
 - Reason for call: should be brief

PCC Call with Psychiatrist

- Patient history including medical and medication history, behavioral health, trauma, drug & alcohol history, diagnosis.
- Psychiatrist can activate care coordination if needed.
 - Care coordinator can only get activated by the psychiatrist
- Pediatrician's office will receive written feedback within 24 hours
 - Psychiatrist curbside consultation
 - Face-to-face visit
 - Care coordination interactions

Children's TiPS Team

Child and Adolescent Psychiatrists

- Abigail Schlesinger MD – Medical Director
- Justin Schreiber DO MPH
- Kelley Victor MD
- Heather Joseph MD
- Patricia McGuire MD
- Anna Jolliffe DO

Behavioral Health Therapists

- Colleen Gianneski LCSW – Program Manager/Therapist
- Megan McGraw LCSW
- Leslie Wehman LPC
- Courtney Hopkins LPC

Care Coordinators

- Taylor Naus LSW
- Nanelle Florence MSW

Children's TiPS

- Paid for by Pennsylvania HealthChoices and UPMC Advantage
 - Available to providers serving children and adolescents with managed Medicaid, Medicaid FFS (Access- Fee For Service), CHIP, and commercial UPMC Health Plans
 - Not available for non-UPMC commercial plans
 - Can still provide consultation for general questions
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- ****REMEMBER THAT CHILDREN CAN HAVE MEDICAID IN PA FOR MANY REASONS RELATED TO PHYSICAL HEALTH AND BEHAVIORAL HEALTH CONDITIONS****

Children's Tips is designed to help PCCs talk to a psychiatrist

SITUATION

1. Acute psychiatric emergency
2. Access to outpatient services only
3. Psychiatric medication prescriptions

WHERE TO TURN

1. County Crisis Line
2. Preexisting resources
3. PCC or Community Providers

Enrollment Process

- Anyone can call the TiPS line, but in order to take advantage of all of the benefits of the program your practice must enroll.
- A complete enrollment requires
 - 1 Enrollment form
 - Signed by 1 provider or practice manager
 - Number of Providers
 - Locations of practices
 - A list of doctors in practice and their Promise IDs
 - Pre-Tips Provider Experience Survey
 - In-person practice visit from a TiPS Psychiatrist. Not all providers need to be present
- Every provider does not need to participate, although the more providers that participate the better.

Examples of Calls/Questions

- Stimulant dosing.
- Medical monitoring of kids receiving any psychotropics
- Child with anxiety disorder who might benefit from an antidepressant
- Child discharged from the hospital who can't get psychiatrist appointment for an extended length of time
- Teenager with worsening inattention despite appropriate dose of stimulant
- Kids seeing an outpatient therapist who might benefit from medication
- Kids with anxiety or depression in remission for a year and thinking about stopping medication

Actual Calls

- Adolescent with ongoing depression despite Zoloft 100mg.
- Child who stopped psychiatric medication. PCC wanted to restart medication, but wasn't sure at what dose.
- Adolescent with anxiety and depression who stopped Zoloft 2 days ago. Poor response to Prozac in the past. Parent requesting to start Lexapro (due to family response).
- Child with ASD & positive screen for ADHD. PCC had questions about stimulant trial for a child with autism.
- Child with ADHD and possible anxiety disorder. PCC d/c stimulant due to weight loss. Parent not open to another stimulant trial. Strattera started and "somewhat helpful." What next?

Thank You

- Questions?