# October 5 to 7, 2016

Management of Problematic Surgical Outcomes in Hirschsprung, Anorectal Malformations, and Other Pediatric Colorectal Problems



#### **COURSE DIRECTOR:**

#### Luis De la Torre, MD

Associate Professor of Surgery University of Pittsburgh School of Medicine Founding Director, Colorectal Center for Children Director, Pediatric Colorectal Surgery Children's Hospital of Pittsburgh of UPMC John G. Rangos Sr. Conference Center Children's Hospital of Pittsburgh of UPMC Pittsburgh, PA

Sponsored by the Colorectal Center for Children and Division of Pediatric General and Thoracic Surgery at Children's Hospital of Pittsburgh of UPMC and the University of Pittsburgh School of Medicine, Center for Continuing Education in the Health Sciences





Join us for the inaugural three-day conference to explore the management of problematic surgical outcomes in patients with Hirschsprung, anorectal malformations, and other pediatric colorectal problems. The conference will involve didactic presentations, case studies and hands-on sessions to cover a wide range of colorectal conditions.

This comprehensive course is led by Internationally-renowned colorectal surgeon **Luis De la Torre, MD**, developer of the innovative De la Torre Technique, a less invasive approach to the surgical correction of Hirschsprung disease. Dr. De la Torre is the founding director of the Colorectal Center for Children at Children's Hospital of Pittsburgh of UPMC. He is an Associate Professor of Surgery at the University of Pittsburgh School of Medicine. Dr. De la Torre is from Puebla, Mexico, where he was founding director of the Colorectal Center for Children at the children's hospital there.

## **Who Should Attend**

This course is designed for pediatric surgeons, pediatric gastroenterologists, pediatric urologists, pediatric nurses, nurse practitioners, and trainees who care for children with Hirschsprung's disease, anorectal malformations, and other pediatric colorectal conditions.

# **Learning Objectives**

- Adequate workup for the precise diagnosis of the different colorectal functional problems in patients with Hirschsprung or anorectal malformations after the pull-through, and idiopathic constipation
- Identification of the different areas of the anal canal in normal patients, patients with an adequate pull-through, and patients with an inadequate pull-through, to determine possible fecal incontinence
- Rational practice of the bowel management program for patients with fecal incontinence, colitis (enterocolitis), pseudo-fecal incontinence, constipation associated to imperforate anus and Hirschsprung, and chronic idiopathic constipation

# **Continuing Education Credit**

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of **24.0** *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded **2.4** continuing education units (CEU's) which are equal to **24.0** contact hours.

# **Registration Information**

#### **Enrollment Fee**

The enrollment fee covers all lectures, program materials, continental breakfast, coffee breaks, and lunch each day of the conference. A limited number of seats will be available and pre-registration is required by **Sept. 30, 2016**.

Physicians:	\$1,000
UPMC Physicians:	\$ 800
Fellows and Nurses:	\$ 500
UPMC Fellows and Nurses:	\$ 400

Please register online at chp.edu/colorectal2016.

# Wednesday, Oct. 5, 2016

7 - 8 a.m.	Registration and Continental Breakfast
8 - 8:10 a.m.	<b>Welcome</b> George K. Gittes, MD
8:10 - 8 :15 a.m.	<b>Introduction</b> Luis De la Torre, MD

#### HIRSCHSPRUNG

8:15 - 8:50 a.m.	Quiz # 1
	Kimberly Cogley, MSN, MBA

- 8:50 9:20 a.m. **Mythic History and Rational Strategies for Diagnosis** Luis De la Torre, MD
- 9:20 9:50 a.m. A Realistic Interpretation of the Current Histopathology Sarangarajan Ranganathan, MD
- 9:50 10:20 a.m. The "Best" Surgical Options and the "Basis" of Surgical Complications Luis De la Torre, MD
- 10:20 10:40 a.m. A Scientific View of the Pathogenesis of Colitis Kelly Austin, MD, MS, FACS, FAAPA
- 10:40 11 a.m. Robotic and Laparoscopic Pull-through How Is the Outcome? Stefan Scholz, MD, PhD, FACS, FAAP
- 11 11:30 a.m.**Obstructive Proliferative Colitis and Comprehensive Radiology**<br/>Wael M.A. Abdalla, MD
- 11:30 Noon Ultra-short Segment, Super-ultra-short Segment, and Complicated Constipation Luis De la Torre, MD
- Noon 1 p.m. Lunch and Quiz # 2 Kimberly Cogley, MSN, MBA
- 1 1:30 p.m. **"Errare Humanum Est, But to Persist In Error** (Fecal Incontinence) Is Diabolical" Luis De la Torre, MD

#### **BOWEL MANAGEMENT PROGRAM I**

- 1:30 2 p.m."Shooting to The Target" Fecal Control and Bowel Motility<br/>Luis De la Torre, MD
- 2 2:30 p.m. All-inclusive Workup for Problematic Surgical Outcomes Kimberly Cogley, MSN, MBA
- 2:30 3 p.m. Contrast Enema Yes or Yes? Wael M.A. Abdalla, MD
- 3 3:30 p.m. Helping Colorectal Patients and Families Cope with Inpatient Hospitalization Sarah Lenz, MS, CCLS
- 3:30 4 p.m. Assisting Colorectal Patients and Families During Outpatient Testing Erika Hess, MS, CCLS
- 4 5 p.m. Interactive Practice with Actual Cases and Quiz Review Staff
- 5 p.m. Wednesday Adjournment



# Thursday, Oct. 6, 2016

7 - 9 a.m.	Special Guided Tour of Children's Hospital
9 - 9:30 a.m.	Check-in and Continental Breakfast
	ANORECTAL MALFORMATIONS
9:30 - 10 a.m.	<b>Quiz # 3</b> Kimberly Cogley, MSN, MBA
10 - 10:30 a.m.	<b>Consequence of a Comprehensive Neonatal Diagnosis, Best Surgical Treatment, and Postoperative Outcome</b> Luis De la Torre, MD
10:30 - 11 a.m.	<b>Tethered Cord, Myelomeningocele, Sacral Ratio, Sacral Evaluation, High-pressure Distal Colostogram, Peña-Patel MRI, Kidney and Bladder Testing</b> Wael M.A. Abdalla, MD
	BOWEL MANAGEMENT PROGRAM II
11 - 11:30 a.m.	Philosophies and Challenges: Happy Colon vs. Unhappy Colon

#### **NEUROGENIC B&B**

Kimberly Cogley, MSN, MBA

- 11:30 Noon **Neurogenic Bladder** Amy J. Houtrow, MD, MPH, PhD
- Noon 1 p.m. Lunch and Quiz # 4 Kimberly Cogley, MSN, MBA
- 1 1:30 p.m. Neurogenic Bowel Luis De la Torre, MD

#### **BOWEL MANAGEMENT PROGRAM III**

1:30 - 2 p.m.	<b>Idiopathic Constipation and Complicated Idiopathic Constipation</b> Luis De la Torre, MD
2 - 2:30 p.m.	<b>True Fecal Incontinence: Is It a Motility Problem?</b> Kimberly Cogley, MSN, MBA
2:30 - 3 p.m.	<b>Obstructive Proliferative Colitis</b> Luis De la Torre, MD
3 - 3:30 p.m.	<b>The Misconception of the Enema in Colorectal Problems</b> Kimberly Cogley, MSN, MBA
3:30 - 4 p.m.	Laxatives/Anti-diarrheal Does the Patient Need or Are They Dependent on Them? Luis De la Torre, MD
4 - 5 p.m.	Interactive Practice with Actual Cases and Quiz Review Staff
5 p.m.	Thursday Adjournment

# Friday, Oct. 7, 2016

7 - 8 a.m.	Check-in and Continental Breakfast
	COMPLICATIONS, MANAGEMENT AND OUTCOMES
8 - 8:30 a.m.	<b>Quiz # 5</b> Kimberly Cogley, MSN, MBA
8:30 - 9 a.m.	<b>Hirschsprung</b> Luis De la Torre, MD
9 - 9:30 a.m.	<b>Anorectal Malformations</b> Luis De la Torre, MD
9:30 - 10 a.m.	<b>Constipation</b> Luis De la Torre, MD
10 - 10:30 a.m.	Cases and Quiz Review Staff

#### **BOWEL MANAGEMENT PROGRAM IV**

- 10:30 11 a.m. **Types, Tips, Tricks and Pitfalls** Kimberly Cogley, MSN, MBA
- 11 11:30 a.m.The Child and Family with Chronic Colorectal Problems<br/>Kimberly Cogley, MSN, MBA
- 11:30 Noon
   Why and How a Different Clinic and Workshop for Patients with Colorectal Problems?

   Luis De la Torre, MD

#### **BOWEL MANAGEMENT PROGRAM V**

- Noon 1 p.m. Lunch and Quiz #6 Kimberly Cogley, MSN, MBA
- 1 2 p.m. Antegrade Continent Enemas, Continent Urinary Diversions, Types, Indications, Age, and Management Luis De la Torre, MD
- 2 2:30 p.m. Surgery for Constipation Resection, Reduction, Diversion, ACE Luis De la Torre, MD
- 2:30 4 p.m. Cases and Quizzes Review Staff
- 4 p.m. Conference Adjournment



## **Course Director**



#### Luis De la Torre, MD

Founding Director, Colorectal Center for Children Director, Pediatric Colorectal Surgery Children's Hospital of Pittsburgh of UPMC Associate Professor, Department of Surgery, University of Pittsburgh

## Faculty



#### Wael M.A. Abdalla, MD

Radiologist, Colorectal Center for Children Children's Hospital of Pittsburgh of UPMC Assistant Professor, Radiology, University of Pittsburgh School of Medicine Clinical Instructor, PET/CT, University of Pittsburgh Medical Center



#### Kelly Austin, MD, MS, FACS, FAAP

Program Director, Surgical Critical Care, Residency Program Surgical Director, Neonatal Intensive Care Unit Co-Surgical Director of the Intestinal Care and Rehabilitation (ICARE) Center Children's Hospital of Pittsburgh of UPMC Associate Professor, University of Pittsburgh School of Medicine



#### Kimberly Cogley, MSN, MBA

Coordinator, Colorectal Center for Children Leadership Chair, American Pediatric Surgical Nurses Association Pediatric General and Thoracic Surgery Children's Hospital of Pittsburgh of UPMC



#### George K. Gittes, MD Benjamin R. Fisher Chair of

Benjamin R. Fisher Chair of Pediatric Surgery Surgeon-in-Chief Director, Pediatric Surgical Research Children's Hospital of Pittsburgh of UPMC Professor, Department of Surgery, University of Pittsburgh School of Medicine

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## Faculty continued from page 9



#### Erika Hess, MS, CCLS

Child Life, Radiology Children's Hospital of Pittsburgh of UPMC



#### Amy J. Houtrow, MD, MPH, PhD

Chief, Division of Pediatric Rehabilitation Medicine Director, Spina Bifida Program Children's Hospital of Pittsburgh of UPMC Associate Professor of Physical Medicine and Rehabilitation and Pediatrics University of Pittsburgh School of Medicine



#### Sarah Lenz, MS, CCLS

Child Life, Pediatric and General Thoracic Surgery Co-Coordinator of Practicum Program Children's Hospital of Pittsburgh of UPMC



#### Sarangarajan Ranganathan, MD

Medical Director of Anatomic Pathology Children's Hospital of Pittsburgh of UPMC Professor of Pathology, University of Pittsburgh School of Medicine



#### Stefan Scholz, MD, PhD, FACS, FAAP

Director, Minimally Invasive Surgery Children's Hospital of Pittsburgh of UPMC Assistant Professor of Surgery University of Pittsburgh School of Medicine

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# **Meeting Location**

Children's Hospital of Pittsburgh of UPMC John G. Rangos Sr. Conference Center 4401 Penn Ave. Pittsburgh, PA 15224

## **Hotel Accommodations**

Ask for Children's Hospital of Pittsburgh of UPMC's group rate at these local hotels:

#### **Courtyard by Marriott** 5308 Liberty Ave. Pittsburgh, PA 15224 Phone: 412-683-3113

#### Hyatt Place

5335 Baum Boulevard Pittsburgh, PA 15224 Phone: 412-621-9900

# **Special Needs**

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling **412-692-8735**.

# **For More Information**

Please contact JoAnn Stiles at 412-692-8735 or joann.stiles@chp.edu.





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For more information, visit chp.edu/colorectal2016