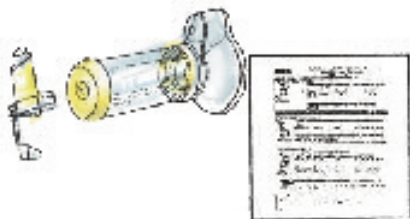


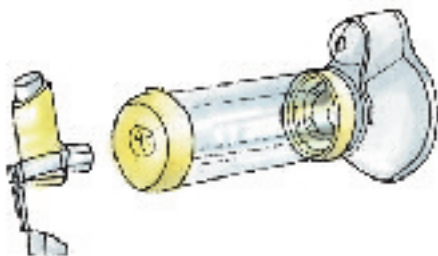
## How To Give Your Child Medication With A METERED DOSE INHALER (MDI) WITH A CHAMBER WITH FACE MASK

**1.** Follow your child's asthma management plan for directions on when to give the medicine in the MDI with the chamber with face mask.

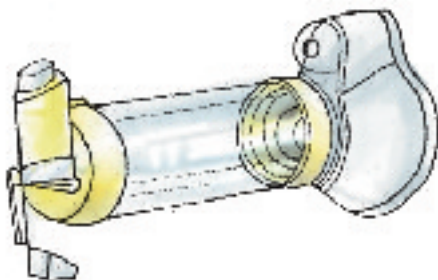


Before you use a new inhaler for the first time, prime it by spraying 4 sprays into the air.

**2.** Be sure to check that the chamber is free of foreign objects.



**3.** Put the chamber and MDI together by gently pushing the MDI into the opening.



**4.** Sit with your child on your lap and shake the MDI well for 5 seconds.



**5.** Gently place the mask on your child's face to make a seal over the mouth and nose.



Your child will be able to breathe normally with the mask in place.

**6.** Use your other hand to squeeze the MDI so one puff of medicine is sprayed into the chamber.



**7.** Hold the mask securely in place until your child breathes in and out 6 times.



**8.** If 2 puffs of medicine have been prescribed, repeat steps 4-7.



Your child has gotten the medicine if

- Your child's chest moved in and out for 6 breaths OR
- Your hand, placed your child's belly, moved up and down 6 times.

**9.** Wash the chamber with face mask once a week in a clean bowl of warm water and dishwashing liquid. Rinse gently with warm water and let air dry. Never use a towel. Replace if chamber gets cracked or broken.

