# Neighbors Helping Neighbors







UPMC CHILDREN'S HOSPITAL OF PITTSBURGH

2020 Annual Report

**Volunteer Services** 

### Volunteers Make Every Day Beautiful

This year we are incorporating a Mr. Rogers' Neighborhood theme in celebrating our volunteers, who make every day a *Beautiful Day in UPMC Children's Hospital neighborhood*. As part of this celebration, we've included some of Fred Rogers' most iconic and indelible quotes throughout this 2019 Annual Report.

At UPMC Children's Hospital of Pittsburgh, not only do we value the presence of volunteers, but share an enormous sense of gratitude for all that volunteers did this past year in supporting patients and families. Together volunteers at Children's represent multiple generations across the spectrum, from ages 15 to 90, contributing time, expertise and dedication to serving others.

Children's Hospital volunteers make a huge difference in the lives of our patients, their families and caregivers, pitching in to make our neighborhood, and this world, a better place.



"Anyone who does anything to help a child in his life is a hero to me." ~ Fred Rogers

Who are CHP Volunteers?

Adults
College
Teens
Pet Friends

Ages 15-90!

**842** volunteers dedicated their time at CHP in 2019.

CHP Volunteers completed a total of **45,953** hours of service



# Enhancing the Patient Experience

"There's something of yourself that you leave with every meeting with another person" ~ Fred Rogers

**Beginning in 2019** UPMC Children's Hospital of Pittsburgh's Volunteer Services Department added more assignments putting volunteers at the forefront of enhancing patient, family and guest experiences.

Here are some of the primary assignments which were added or upgraded to contribute to positive patient experiences:

- **Greeters:** steady presence of volunteers at the Mid-Campus Desk and in the PICU waiting area welcoming and supporting all visitors.
- **Discharges:** concentrating efforts to provide support for record numbers of discharged patients and their families by assisting the Patient Transport Department seven days per week.
- **Carts and e-Cards:** visiting patients and families by facilitating age-appropriate activities, promoting literacy and reading, providing warm beverages (and a friendly face) for family members and delivering patient e-Cards.
- Responding to calls for support: providing more friendly faces to support and give patients and families extra attention and comfort in the Same Day Surgery waiting area, in the Mouse Clinic and through 'Buddies on Call' pilot program and priority patient requests.

#### **UPMC Children's Hospital of Pittsburgh | Volunteer Services Department**

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Stephanie Colaberardino Director, Child Life, Volunteer Services, Family Resource Center, CEAT, Dream Big Studios

Angela Gordon Volunteer Coordinator

John Krysinsky Volunteer Coordinator

Linda Stumpf Administrative Assistant

### Advocates for children, families

Michelle Follett devoted her life's work as an educator, spending the last 27 years of her career with Seneca Valley School District. As her retirement approached, she wanted to remain involved, use her experience and skills to continue to support children, especially those from the most vulnerable populations.

"I want to support the needs of the children, families and staff to the best of my abilities," Follett said when she first came to Children's to volunteer for a position with the Hospital Volunteer Program. "Over eight years ago, my youngest son spent a considerable amount of time hospitalized at Children's. This experience taught me then that I should give of myself like others did for my family."

"Three ways to ultimate success:

Be Kind

Be Kind

And, Be Kind"

~ Fred Rogers

Follett applied to become a volunteer at Children's as her final school year was coming to a close, in Spring 2019.

As a former kindergarten teacher with background degrees in Early Childhood/Special Education/Speech and Language, Follett's extensive background provided her with a unique readiness as she looked to begin her new chapter as a hospital volunteer.

Follett's timing was impeccable.



Michelle Follett

Around this time CHP's Division of Neurology o the Volunteer Services Department in the Summer 2019 se

reached out to the Volunteer Services Department in the Summer 2019 seeking help. The Mouse Clinic, located on the second floor, was seeking volunteers to support and advocate for patients and families, especially those with special needs, who regularly visit the clinic. After these initial discussions, Volunteer Services staff sought volunteers with experience working with special needs population.

Follett was among the first volunteers placed in this assignment. Within a short period of time, with a focus on advocating for each family and patient, she drew immediate praise for doing her part to enhance experiences for the patients, their families and caregivers.

"Michelle has been an extraordinary asset to our division's mission of providing family friendly service in the outpatient clinic. She started by observing the families and the procedures in the waiting area. She spoke with the families and with the medical staff to understand their needs."

Dr. Ira Bergman, Chief, Division of Child Neurology

"As a result, she now patrols the waiting area with a cart filled with books, games and snacks, calms the young children, educates and reassures the families and relays immediate concerns to the medical staff. "

"On a larger scale, she identified that the bathroom was not set up with a changing table and the issue is being addressed. She also noted that the larger games and computers were often not functioning and these are being maintained more carefully now. Overall, the waiting area is a happier place and family-staff interactions much more productive because of Michelle's presence."

### Where CHP Volunteers Serve

## Total of **347** new volunteer placements in 2019

**Activity Cart** 

**Ambassadors** 

**Beads of Courage** 

BooksBurgh

PNC Bedtime Stories NICU Reading Cart

Carnegie Museum on the Move

Cardiology / Heart Camp

Children's Rehab Unit

**CHP** Foundation

Clerical - Misc. Departments

Coffee Cart

**Emergency Department** 

Family Resource Center

Hairdresser/Haircuts

Hospitality

Welcome Center / Main Lobby Mid-Campus Information Desk

**PICU Information Desk** 

Same Day Surgery Waiting Area

**Infection Control** 

**Inpatient Unit Support** 

**International Department** 

**Operating Room Support** 

**Outpatient Clinic Support** 

**Pastoral Care** 

Post-Anesthesia Care Unit (PACU)

Patient e-Card Delivery

Patient Transport & Discharge

Pet Friends

Pharmacy

Physical & Occupational Therapy

**Primary Care Center** 

Radiology

Salud Para Ninos

**Special Events** 

**Supportive Care** 

**Wexford Surgery Center** 



"When I was a boy and I would see scary things in the news, my mother would say to me, 'Look for the helpers. You will always find people who are helping'."

~ Fred Rogers

### **Community Partners & Groups with credentialed CHP Volunteers**

Alpha Phi Omega

Carnegie Museum on the Move

City High Charter School

Christopher's Kitchen

Ice Cream Sunday's (University of Pittsburgh)

Jameson's Army

Kiwanis Club

**Lending Hearts** 

Start on Success (Pittsburgh Public Schools)

PNC Grow-Up Great

Imagination Project (University of Pittsburgh)

OPALS (University of Pittsburgh Medical School)

Our Clubhouse

Panther Pals (University of Pittsburgh)

Pattyn Project

Peach's Neet Feet

Lemon Club (University of Pittsburgh)

Project Sunshine (University of Pittsburgh)

The Sonny Pugar Memorial, Inc.

Synapse (University of Pittsburgh)

### Volunteer honors and milestones...

### 2019 Art Bell Service Award recipient:



#### **Dave Anderson**

The Art Bell Service Award was created to honor Art Bell, after he passed away suddenly in 2015. Art was an incredible model of consistency for over 23 years when he volunteered at Children's Hospital every Saturday in the NICU. Since 2015, the Volunteer Services Department has honored the volunteer who serves the most hours each year with this award.

The Art Bell Award recipient for 2019 is **Dave Anderson**, who completed 527 hours of service.

"All Pet Friends are required to volunteer two hours per month. Dave typically volunteers two or more hours, six to seven days a week! Dave typically has the long-term patients on specific units that he visits but will always visit infusion, clinics or a patient when the call is put out." `
Angie Gordon

Past Art Bell Award recipients include:

Annie Earls (2015), Tom "Wo' Wozar (2016), John Hoover (2017), Carol Davis (2018)

"I've always wanted to have a neighbor just like you. I've always wanted to live in a neighborhood with you."

~ Fred Rogers

### 2019 Volunteer Hours of Service

Top 10 overall		College Students		<u>Teens</u>	
Dave Anderson	527 hours	Bryn Mermelstein	350 hrs	Issac Sims	162 hrs
John Hoover	520 hrs	Kelley Gavel	231 hrs	Talayia Craig	149 hrs
Carol Davis	456 hrs	Alyssa DiPaolo	217 hrs	Maha Rana Pratap Adama	147 hrs
Ruth Yahr	382 hrs	Noelle Eghbali	155 hrs	Elizabeth Weaver	132 hrs
Bryn Mermelstein	350 hrs	Mara Harouse	141 hrs	Montana Walker-Stewart	125 hrs
Paulette Sullivan	348 hrs	Halie Smith	136 hrs	Nia Posey	123 hrs
Sue Baust	346 hus	Savannah Woodrow	132 hrs	Maddie Snyder	105 hrs
Janet Boarts	338 hrs	Mary Caffey	131 hrs	Lillya Madeja	103 hrs
Sol Jarmell	311 hrs	Alyssa Palangio	129 hrs	Mady Kramer	100 hrs
Louise Lohman	303 hrs	Madison McCahan	128 hrs	Isabella Crum	86 hrs

### **Key Volunteers of the Month (2019)**



**Kathy Caruso** 



Kim Pearson



Jason Ong



Lynn Springer & Bridgie



Deane Mohandas



Miriam Messick



John Hoover



Talayia Craig



### **Lifetime Service Hours**

#### 8,000 or more

Yahr, Ruth



#### 6,000 or more

Hoover, John

#### 4,000 or more

Adametz, Gregory

#### 2,500 or more

Anderson, David \*
Gebhardt, Anne Marie \*
Jarmell, Sol
Myers, Louis
Shah, Jyoti
Woods, Stephen

#### 1,000 or more

Argentieri, Nicholas \* Ault, Renee L. ' Baust. Sue \* Boarts, Janet \* Caruso, Kathleen Rose Cooper, Donna \* Davis, Carol Delsignore, Lois Di Lanni, Antonella Diamond, Patricia Edwards, Bobette Hartman, Kathleen Hunninen, Alan Jarmell, Ethel Johnson, Catherine C. Kisslinger, Margaret Levine, Leslie Liang, Mary Lohman, Louise Mermelstein, Bryn \* Messick, Amy Milarski, Janice (Mary) Peltz, Kathleen Russell, Terrence L. Sapir, Carmen Schlueter, Bonnie \*

Snead, Rosemarie

Spano, Stephanie L. Sullivan, Paulette Thurheimer, Barbara A. Tisdale, Judith K. Trexler, Carol Vitale, Linda S. Zeske, Dolores

#### 500 or more

Aull, Linda Beckman, Joanne \* Brock, Patricia Charlson, Joan Clapp, Lynn \* Dorn (Pugar), Ann Drogowski, Patricia Early, Brighton Fahlman, Penny Fisher, Laurette Golomb, Sandy Hailstone, Julie Hogue, Lisa Jacobs, Jonathan Kapusta, Branko Kelly, David Leibold, Mary Lou \* McGuire, Esther McGuire, Marcella \*

Messick, Miriam Minyo, Eleanor Palermo, Anthony Radacosky, Mary Reeping, Sarah \* Sismour, Mary Snodgrass, Margaret Springer, Lynn \* Sullivan, Kimberly Taylor, Debra Zhang, Judy

\* Surpassed Milestone in 2019

"Often when you're at the end of something, you're at the beginning of something else"

~ Fred Rogers

Edwards, Bobette

#### **Years of Service**

#### 31 years or more

Russell, Terrence L. Yahr. Ruth

#### 25 years or more

Adametz, Gregory Lee

#### 20 years or more

Palermo, Anthony Shah, Jyoti S. Thurheimer, Barbara

#### 15 years or more

Anderson, Marci Ault, Renee L. Gebhardt, Anne Marie Hailstone, Julie Hartman, Kathleen Hoover, John Miller, Stephanie Myers, Louis Trexler, Carol Vitale, Linda S.

#### 10 years or more

Anderson, David Caruso, Kathleen Rose Delsignore, Lois Di Lanni, Antonella Drogowski, Patricia



Ferno, Kathleen
Golomb, Sandy
Gumucio, Jorge
Hogue, Lisa
Jarmell, Ethel
Jarmell, Sol
Johnson, Catherine C.
Kisslinger, Margaret
Lawsky, Vivian
Liang, Mary
Maretsky, Carolyn
Maugle, Linda A.

Messick, Amy Radacosky, Mary Sapir, Carmen Snodgrass, Margaret

Spano, Stephanie L. Tisdale, Judith K. Woods, Stephen Zeske, Dolores

#### 5 years or more

Aull, Linda
Barrante, Lori
Beckman, Joanne
Brock, Patricia
Charlson, Joan
Ciocco, Caroline
Clapp, Lynn
Cooper, Donna
Diamond, Patricia
Dipaolo, Janet
Donnelly, Mary
Dorn (Pugar), Ann
Early, Brighton

Eichner, Elyse Fink. Diane Fisher, Laurette Fowler, Ellen Hamilton, Greg Heisey, Thomas Hunninen, Alan Jacobs, Jonathan Kelly, David Lemon, Katie Levine, Leslie Lohman, Louise McGuire, Marcella Mermelstein, Bryn Messick, Miriam Milarski, Janice (Mary) Minyo, Eleanor Peltz, Kathleen Perry, Nikki Robinson, Michele Rudzki, Susan Schlueter, Bonnie Shipman, Keka Sismour, Mary Snead, Rosemarie Springer, Lynn Sullivan, Kimberly Sullivan, Paulette Taylor, Debra Tetrault, Brianna Volkov-Behn, Helen Ziegler, Abigail Zuemie, Christine