

**UNIVERSITY OF PITTSBURGH MEDICAL CENTER  
MUSIC THERAPY INTERNSHIP APPLICATION**

**(1) General Information:**

\_\_\_\_\_

(Last)

(First)

(MI)

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

**(2) Academic Information**

Name of Academic Institution: \_\_\_\_\_

Academic Advisor: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ E-mail: \_\_\_\_\_

**(3) Instrumental Proficiency:** List instruments (including voice) on which you are proficient, with years of study and proficiency level rating (poor, average, excellent) for each.

**Please answer the following questions:** (you may attach a document with these answers)

**(4) Internship experience:** Why would you like to have your internship experience at UPMC?

**(5) Expectations:** What are some things you would want or expect to gain from an internship here?

**(6) Personal Qualities:** What qualities do you bring with you to enhance our internship program and your personal experience?

**(7) Strengths and Areas for Improvement:** Describe your personal strengths as well as areas that may need improvement, including how you plan to address these areas.

**Please include in your application packet:**

- Resume (include practicum/fieldwork sites and related volunteer experience).
- Two letters of recommendation (one must be from the Director of Music Therapy at your college or university indicating your eligibility to begin internship).

Letters can be in sealed envelope with the signature of the author across the seal, or may be emailed directly from the writer's email account to the internship director (please have writer indicate in subject line this is a reference letter)

- Current college transcript (photocopies are acceptable).
- Copy of what you consider to be an example of your best written work related to music therapy.

Please send all materials in one packet. If submitting via e-mail, indicate in your message which materials are included and which will arrive via postal service.

Please indicate your preferred internship start time(s):

November	_____	January	_____
March	_____	May	_____
July	_____	September	_____

**Deadlines for applications are as follows:**

**January 15** to be considered for November and January start dates

**May 15** to be considered for March and May start dates

**September 15** to be considered for July and September start dates

After those dates, positions will remain open until filled.

Also note that **accepted** interns will be required to provide ACT 33 (child abuse), Act 34 (State Criminal Check), and Act 73 (FBI criminal check through the DPW) clearances. A health screening, signed by the school and providing proof of TB test results, and vaccinations, will also be required. Interns are responsible for any costs incurred by acquiring these clearances and health requirements.

If selected for an interview, a musical audition (live or via video) will be a required part of the process.

**THE MUSIC THERAPY INTERNSHIP AT THE UNIVERSITY OF PITTSBURGH MEDICAL CENTER REQUIRES THAT INTERNS ABIDE BY THE UPMC CODE OF CONDUCT. IF SELECTED AS AN INTERN, I AGREE TO ABIDE BY THIS REQUIREMENT.**

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(Applicant's Signature)

### **Scenario**

Choose one of the following scenarios. Using one page or less, outline possible goals and objectives for music therapy interventions. Additionally, provide any thoughts or supportive information in narrative form.

#### Scenario A

Seth is six, with AML, recently relapsed. Seth will need to undergo chemotherapy treatment to get into remission, then have a bone marrow transplant. In addition to the family being apprehensive about the bone marrow transplant, Seth is a fairly active boy, and the thought of being isolated with Seth in a room for weeks is creating anxiety for Seth's family and the staff.

How might music therapy help Seth and his family?

#### Scenario B

You have been assigned to provide a group music therapy session on a general adult acute inpatient psychiatric unit. Possible diagnoses of the patients can include, but are not limited to, depression, bi-polar, schizophrenia, and personality disorders. The patient ages range from 21-67. Some of the patients are new to the unit while others have been admitted for two weeks or longer.

What types of music therapy interventions would be appropriate for this group?

### **Please mail/e-mail application packet to:**

Nicole Steele, MS, MT-BC  
[Nicole.steele@chp.edu](mailto:Nicole.steele@chp.edu)

Or

Nicole Steele, Creative and Expressive Arts Therapist III  
c/o Child Life Department Rm 6411  
UPMC Children's Hospital of Pittsburgh  
4401 Penn Avenue  
Pittsburgh, PA. 15224