

Inpatient Infection Prevention and Control Guidelines

Antonio J. and Janet Palumbo Cystic Fibrosis Center

Hand hygiene

The most important means of preventing person-to-person transmission of bacteria is good hand hygiene.

- Use antibacterial soap if hands visibly soiled or gel not available
- Use hand gel for all other times
- Wash hands after coughing and entering and leaving room

All staff must comply with hand hygiene guidelines.

Patient rooms

- Patients with CF will be admitted to a private room
- Siblings with CF may share a semi-private room

Gowns and gloves

- All staff entering patient rooms will wear gowns and gloves

Masks

- Staff must wear masks when contact with respiratory secretions is anticipated
- Respiratory therapists will wear masks for all treatments
- Masks are to be worn by CF patient when leaving patient room
- Masks should cover both nose and mouth and stay on in all common areas of the hospital

Activity outside hospital room

- The playroom can be used by only one CF patient at a time as coordinated with Child Life. Patient must keep mask on in the playroom.
- Patients with B.cepacia, MRSA or resistant organisms may not use the playroom.
- Patients should not go to the cafeteria, gift shop, library, or healing garden.
- Patients may not attend special events in the atrium in accordance with UPMC Children's Hospital's Infection Prevention and Control Policy.
- Patients should leave their room only for purposes of tests, procedures, or when going on pass (outside the building). A health care worker will escort the patient for all tests and procedures.

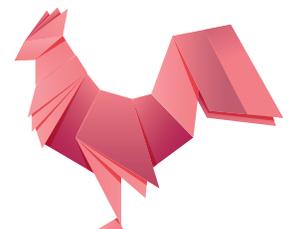
Contact with other CF patients should be avoided!

- No contact within six feet of other patients with CF
- Wink, nod, smile; do not shake hands
- Patients may not enter the room of another patient with CF

What parents/patients can do

- Wash hands after common rooms (PFT, bathrooms, x-ray)
- Wash hands after coughing

It is OK to remind health care providers to comply with policy!



Questions related to these guidelines can be directed to UPMC Children's Hospital's infection preventionist or the Antonio J. And Janet Palumbo CF Center at **412-692-5630**.