### **COST**

Thanks to the generosity of donors, a \$50 non-refundable registration fee is the only cost requested of each camper. No camper is ever turned away for financial reasons. Please request a fee waiver if needed.

#### **REGISTER TODAY!**

For registration forms and questions regarding Camp STAR 2020, please contact Cindy McCue, Camp Director, at 412-370-5481 or via e-mail at cindymcq1@gmail.com.

## **REGISTRATION DEADLINE** August 8, 2020







# Camp STAR

YOUTH AMPUTEE CAMP At Camp Kon O Kwee/Spencer, Fombell, PA





**AUGUST 16-22** 2020

# Camp STAR

One Week to Relax and Have a Great Time!

### Who We Are...

Camp STAR is a full-week getaway that provides campers, age 8 through 18, with an opportunity to enjoy the beautiful surroundings of YMCA Camp Kon-O-Kwee/ Spencer Campground (near Zelienople, Pennsylvania).

Since 1976, Camp STAR has been committed to empowering and supporting youth amputees to keep healthy, confident and stay active. Camp STAR Campers are encouraged to make new friends, to help one another and share their experiences.

We provide an environment where our campers feel free and comfortable to participate in sports, games, and various other activities without fear of embarrassment or criticism. We motivate our campers to challenge themselves and try new things.

Part of our mission is to also facilitate an environment where our campers can develop long lasting friendships with one another and their counselors to create a community of positive support and encouragement.



### We Have an AWESOME Staff!!

Campers also have the benefit of Camp STAR Counselors and Counselors-In-Training (CIT) as positive role models. Many of our counselors and CITs also have some type of limb loss and



were even campers themselves. They can speak from their past experiences, hospitalizations, tests, surgeries and illnesses; and are proof positive that limb loss is just a challenge, not an end.

### Always Something Fun To Do!

Camp STAR offer many activities, \* Dek Hockey including:

- **★** Arts and Crafts
- Archery
- Zip Line
- **High Ropes Course**
- Campfires
- Canoeing
- Climbing/Rappelling Wall
- **Fishing**
- Hayrides
- Wheelchair Basketball/Rugby

- ★ Gaga Ball
- Disc Golf
- ★ Angle Ball
- ★ Field Games
- Swimming
- Scavenger Hunts
- Much more!

All activities are supervised by Camp STAR and Camp Kon-O-Kwee/Spencer

staff.

# Campers Learn Something new Every Day!



Each day campers participate in an education time. They get an opportunity to learn new things in prosthetics, physical/recreation therapy, limb care, and more. It is a reciprocating conversation where campers are encouraged to ask questions regarding their prosthetics and about different ways to navigate through the everyday activities of life.

We also incorporate times where campers can talk about school, friends, dealing with a physical limitation, navigating through daily life activities, and many other things that affect them as an amputee. Camp STAR counselors share their story about their amputations, what kind of procedures they have had, how they have learned to cope in various situations, and what they do outside of Camp STAR.